



Blood in your Pee?



Blood in your urine is the most common symptom of bladder cancer.

You may notice streaks of blood in your urine or the blood may turn your urine brown. The blood isn't always noticeable and it may come and go.

See your doctor- now- even if it's just once. Early diagnosis makes treatment easier and more effective.

WHEN TO SEEK ADVICE

If you ever have blood in your urine – even if it comes and goes – you should visit your GP, so the cause can be investigated.

For more information go to

<https://www.nhs.uk/conditions/bladder-cancer/> or just search 'blood in pee'

There are Facebook pages too. **Call 111** if you can't speak to your GP and don't know what to do next.

DID YOU KNOW?

- 10,000 PEOPLE IN THE UK ARE DIAGNOSED EACH YEAR WITH BLADDER CANCER
- MORE MEN HAVE BLADDER CANCER ALTHOUGH A GROWING NUMBER OF WOMEN ARE BEING DIAGNOSED
- SYMPTOMS – THESE USUALLY COMMENCE WITH BLOOD IN OUR URINE.

IT'S A FACT – MEN OFTEN IGNORE THE SYMPTOMS

DON'T DIE OF EMBARRASSMENT

Never ignore the symptoms – both men and women often delay seeking help

GET TREATMENT EARLY

Treatment is easier and more effective if the disease is caught early



WHAT IS BLADDER CANCER?

Bladder cancer is where a growth of abnormal tissue, known as a tumour, develops in the bladder lining. In some cases, the tumour spreads into the bladder muscle.

The most common symptom of bladder cancer is blood in your urine, which is usually painless.

If you notice blood in your urine, even if it's just once or if it comes and goes, you should visit your GP, so the cause can be investigated

What is the bladder cancer support group?

If you are diagnosed with bladder cancer you are not alone - there are 10,000 others in the same position every year. Your hospital can put you in touch with others in the same position who can share their experiences and help to support you

Having blood in your urine doesn't mean you definitely have bladder cancer. There are other, more common, causes but find out if you have any reason to be concerned